

# Christina Lindholm – Honorary Speaker at EWMA-GNEAUPP 2014



Salla Seppänen,  
EWMA President

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Christina has inspired those around her with her gentle, passionate, unassuming, and yet powerful, way of being. It is said that in the quiet you are enabled to hear the dreams of others. Christina exemplifies this saying in her unique ability to listen to those around her, enabling her to fully understand their experiences and help guide them through their clinical and professional practice more effectively.

With her enormous energy, Christina has pushed the boundaries of research and practice, trail blazing her way towards improving clinical practice for the benefit of patients in Sweden and beyond. Indeed, Christina co-authored a ground-breaking research paper that changed the perception of how painful leg ulcers are for patients. Through this work, Christina stressed the importance of clinicians understanding the patients' experience, thereby bringing to the fore the significance of adopting a "human" approach to wound care.

Christina is an internationally acclaimed professor of nursing and former research chief at the Karolinska University Hospital in Sweden. Her PhD in 1993 comprised five studies on leg ulcer epidemiology, treatment, health economics, and quality of life. Her later research has focused on wound infections, infection control, and pressure ulcers.

In leading and influencing at an international level, Christina has been at the centre of a broad range of international ventures. She was the editor-in-chief of the



THIS IS THE FIFTH TIME AN HONORARY LECTURER HAS BEEN APPOINTED BY EWMA.

previously published Swedish Wound Journal "Sår", a council member (and first president) of the Swedish Association of Tissue Viability Nurses (SSiS), one of the founders of the European Pressure Ulcer Advisory Panel (EPUAP) and a member of the EWMA Council from 1994-2008. During her years in the EWMA Council, Christina made significant contributions to the activities and development of EWMA. In 2000, she was responsible for a very successful EWMA Conference, held in Stockholm, Sweden. This conference became the starting point for the development of the EWMA Cooperating Organisations programme. Christina played a crucial role in this and has subsequently contributed to the development of multidisciplinary wound management organisations in the Balkans and the Baltic States.

In 2014, Christina is hosting another European wound conference in Stockholm, the 17th Annual Meeting of EPUAP held 27-29 August.

Throughout the years, Christina has ensured a good collaboration between EWMA and EPUAP with the objective to promote high quality wound management. Her work on "Stop Pressure Ulcer Day" has yielded particular success in raising awareness of pressure ulcers and highlighting the real difference that collaborative work can make in achieving successful reduction in both the prevalence and incidence of pressure ulcers.

Christina Lindholm is a registered nurse, PhD in Medicine (Dermatology & Surgery), senior professor at Sophiahemmet University, and a wound consultant to the Karolinska University Hospital and Dalen Geriatric hospital. She is a member of the executive board of European Pressure Ulcer Advisory Panel (EPUAP). Christina has published more than 70 scientific papers and 10 scientific reports on wound management and received several scientific awards. She has published the Scandinavian textbook on wounds, and several chapters in national and international textbooks. She is a well-recognised international lecturer. Her main scientific interest is pressure ulcers and wound microbiology.

EWMA-GNEAUPP 2014  
HONORARY LECTURE THURSDAY 15 MAY, 14:30-15:10

During her long engagement in EWMA and the EWMA Education Committee, Christina has contributed significantly to the educational activities and has given numerous presentations and lectures at the EWMA conferences. She has also written the leading schoolbook "Sår" (Wounds) that is used in all nursing education and wound education in Sweden.

Christina is a credit to the nursing profession and an inspirational leader. She was Director of Research and Development in Nursing at Uppsala University Hospital, a director of research in Caring Sciences at the Karolinska University Hospital, and held a professorial chair at the University of Kristianstad. Christina has supervised eight PhD students, and is presently supervising one more. She is an expert nurse in the International Council of Nurses and a consultant to the National Institute of Health and Social Society in Sweden. In addition, she is a member of the editorial committee of the Journal of Wound Care and frequently reviews papers for many other scientific journals. Christina lectures on pressure ulcers and wound management worldwide and is currently a professor at Sophiahemmet University in Sweden.

Aristotle once wrote: "We are what we repeatedly do. Excellence, then, is not an act, but a habit." This quotation truly captures the essence of Christina Lindholm. ■



EWMA 2000 STOCKHOLM

## EPUAP 2014

17th Annual Meeting of  
the European Pressure Ulcer Advisory Panel  
27-29 August 2014 · Stockholm, Sweden



## PRESSURE ULCERS FROM BIRTH TO DEATH

Prevention, Treatment  
and Rehabilitation

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Organised by the European Pressure Ulcer Advisory Panel  
in cooperation with  
the Swedish Association of Tissue Viability Nurses SSiS  
and Sophiahemmet University

[www.epuap2014.org](http://www.epuap2014.org)