

# TREATMENT OPTIONS: COMPRESSION AND/OR OPEN OR ENDOLUMINAL SURGERY?

**Fidel Fernandez Quesada**

*Angiology and Vascular Surgery Hospital Clínico Universitario, (Granada, Spain).*

For a long time, compression have been the most useful tool in management of venous ulcer. The conservative approach have shown clear benefits in treatment of venous disorders, and is cost effective and have enough evidence to be used in this disease.

Aggressive approach (surgery, sclerotherapy, endovascular recanalization and stenting) are nowadays very good tools to be considered, not as an alternative, not in opposite, its role must be complementary in a comprehensive approach to the venous ulcer treatment.

Those all treatments must be based in a rigorous clinical and echographic study, and must be part of an integral strategy that can combine the different options to customize the treatment for any possible combination of disease, patient and therapist, based in patient disease, comorbidity, patient preferences and therapist´ experience and the characteristics of the place and system of health where the treatment is going to be performed.

All the treatment options can be combined in different ways under a global strategy that can lead the best option for each patient taking care the different combination of disease, comorbidity, environmental aspect and therapist experience.